

# Newsletter

January 2023

Spring Term



St Paul's Cray

C of E Primary School

Act Justly, Love Mercy, Walk Humbly

## Family Worker

If you have concerns or worries about your child, you can contact Mrs Brindle who is our Family worker.

Call 01689 821993

## Contact Numbers

Please ensure the School Office have more than one contact on record for your child. In the case of an emergency it is important that we have more than one number

## Dogs on school grounds

A polite reminder that we do not permit parents/carers to bring their dogs on to school grounds, please refrain from bringing them inside the gates.

## NSPCC

The NSPCC have developed a guide for parents to support families who have bought or are thinking of buying Virtual Reality (VR) headsets for Children.

<https://www.nspcc.org.uk/about-us/news-opinion/2022/christmas-vr-safety-advice-for-parents-metaverse/>

<https://swgfl.org.uk/assets/documents/online-safety-and-gaming.pdf>

Any parents who have children who play Fortnite may like to read this guide to understanding the game and its terms:

<https://www.internetmatters.org/hub/guidance/fortnite-battle-royal-parents-guide-keep-kids-safe-gaming>

This guidance supports healthy relationships when socialising online:

<https://ico.org.uk/about-the-ico/media-centre/news-and-blogs/2022/02/respect-and-healthy-relationships-online-how-the-children-s-code-can-help/>

## Phase Leaders

Should you have any queries or questions regarding your child in school you can speak to the class teacher or our phase leaders:

Early Years - Mrs Zegeling

KS1- Miss Bell

Lower KS2 - Mrs Jones

Upper KS2- Mrs Merredew

## Children's Centres

The Children Centres at Cotmandene and Blenheim are running lots of sessions for parents and children. There are health clinic sessions, parent courses and learn and play sessions.

If you would like to know more, please see Mrs Morris, Mrs Zegeling or Mrs Brindle who have the timetables for these centres during the month of January

## Drainage Planters

St Paul's Cray have been working alongside the Climate Resilient Schools programme which helps schools to become more resilient to climate change and more eco-friendly. We have had Sustainable Drainage System Planters installed around the school to tackle extreme rainfall which hopefully you have been able to enjoy.



We will be working with them further this year to see how we can make our school more eco-friendly.

## Nursery News

Nursery have been learning about colour and colour mixing. They made gloop and then mixed colours into it. They had great fun exploring different textures and colours.



Nursery have been making and trying jelly.



Nursery have been investigating mixing colours - they added water to skittles and watched what happened as the colours mixed together.



Nursery painted ice cubes and watched the colours melting together. They made colourful ice moulds.



## Reception News

In Robins Class this week we have been looking at different farm animals connected to our topic "Do cows drink milk?" We have used a variety of materials to create our own farm animals.



## Eyfs parent maths meeting

There is an information meeting for Nursery and Reception parents on Monday 30<sup>th</sup> January at 2.30pm.

We hope to see you there.

## Year 1 News

In computing, Kingfishers have created colour blocks in the style of the artist Rothko using the app Brush Redeux.



## Year 2 News

Puffins class have been talking about their past achievements and how it made them feel in their PSHE lessons.

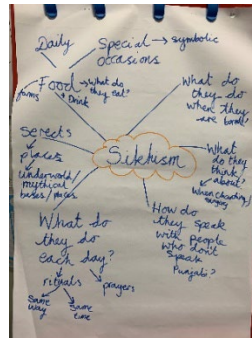
Adam said "I won a trophy in football by being sensible and it make me feel delighted."

Luna said "I get certificates every time in gymnastics, It makes me feel delighted because I practise hard".

Asher said "I got better at counting to my hundreds by practicing every day. I felt excited".

## Year 3 News

Year 3 have begun their study of Sikhism, here is one group's ideas about what they would like to learn about/know more about.

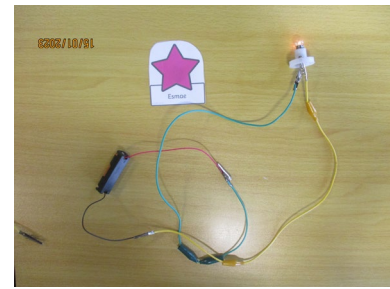


Year 3 have also been showing their cricket skills during PE.



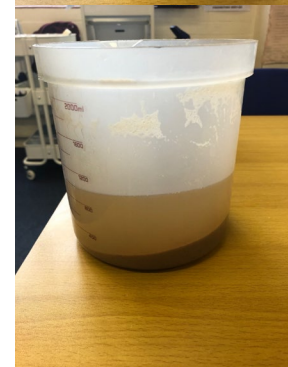
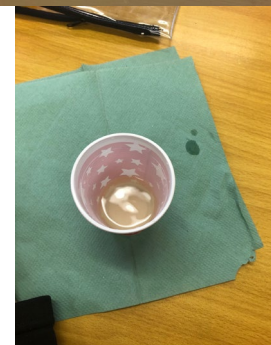
## Year 4 News

Year 4 have been learning about electrical circuits. We had to light a bulb and then had different challenges to complete to see if we could like multiple bulbs, use buzzers and make paper spin using motors.



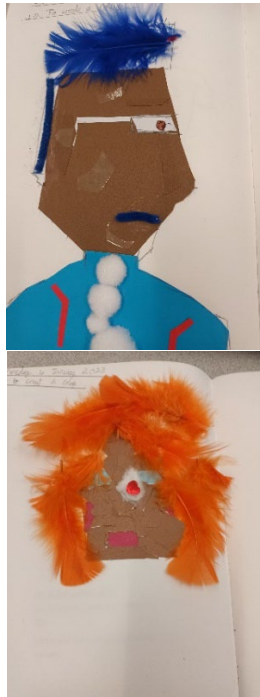
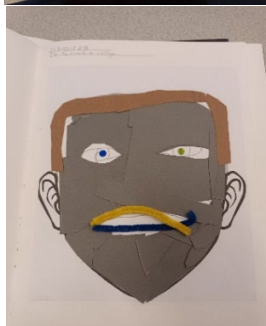
## Year 5 News

Year 5 have been busy experimenting separating sand and water by using evaporation and filter paper. This links in our literacy text 'Tin Boy' which the children are really enjoying.



## Year 6 News

Year 6 have been looking at the artist Pablo Picasso. They have created self-portraits using collage in this style. All the children did a fantastic job at using a variety of materials, a range of colours and using a variety of shapes to create an abstract effect. Can you guess who the portraits are of?



Y6 were challenged to make complicated balances in their PE lesson. They all did a fantastic job and, as you can see, they were incredibly complicated.



## French News

### Fun Facts Eiffel Tower

This term the Eiffel Tower in the French room has been transformed into a Fun Fact area. We are taking a bit of time at the end of lessons to try to answer the questions on the Tower. There are all kinds of different facts about the country of France, its traditions, geography and history.

So far this term, we have learnt the origins of the croissant and the age of the oldest person who ever lived.

I hope that some of the children will bring this information home to entertain you!

Mrs Taylor



## Enjoyment of Reading

At St Paul's Cray we are always looking at ways in which to improve Enjoyment of Reading. Over the next few weeks we will be launching some new initiatives in and out of class to get children talking about different authors and helping to grow their love of reading. Sunshine Reading (where our older children read with our younger pupils) will also be starting again. Watch this space for more information. If you are available to come in and read with our children please let the office or Miss Tooke know.

### Reading Rivers as part of Reading for Pleasure

As part of our World Book Day celebrations classes will be creating 'Reading River' displays which celebrate what children like to read. This could be author names/photos, book covers, bits of off cereal packets, a page from a comic, instructions - whatever children like to read.

Over the coming month, please have a think about anything your child might want to add to their class Reading River.

### Book Buyers as part of Reading for Pleasure

Each class will be assigned two/three year 6 pupils who are going to be asking children in their assigned class about their hobbies and interests. The year 6 pupils will then select three books and children in

each class will vote for the book that they would like us to buy that month. The year 6's will run this during lunchtime.

## NSPCC Number Day

We are delighted to be supporting the NSPCC by taking part in Number Day on Friday 3<sup>rd</sup> February.

We are having a fun day of maths activities and we will be taking part in *Dress up for Digits*. Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!). Or get even more creative by dressing in a maths or numbers theme. To help raise money for the NSPCC, we are asking for donations, and we'd love everyone in the school to take part in this special event.

## Listen Up, Speak Up

### Announcing 'Listen Up, Speak Up'

To start the year the NSPCC has unveiled their new 'Listen Up, Speak Up' campaign, aimed at giving adults practical advice, about how to address concerns about a child. The disheartening news is that at the moment the world of under-18's is in the midst of a spike in concern flagging. From April 2021 to March 2022 the NSPCC Helpline spoke 8,347 times with adults, compared to 7,338 in the same period for the previous year. If interested,

please follow the link below, it only takes 10 minutes and may help you as a parent or help you to help someone else:

<https://www.nspcc.org.uk/about-us/news-opinion/2023/listen-up-speak-up-campaign-provides-training-to-spot-and-report-abuse/>

## Recycling opportunities at school

We are pleased to announce that we will be accepting donations of empty medicine blister packs and these will be donated by one of our parents to the Air Ambulance to help with their fundraising.



As a reminder we also have the 'Bra Bank' by the School Office.



# The nasal flu vaccine may help reduce cases of group A strep

Bromley parents are urged to have their children vaccinated against flu to help reduce group A strep infections

**The flu nasal spray vaccine which offers protection to children against flu may also help reduce the rate of group A strep infections\*.**

Flu is a common and infectious disease caused by a virus. It is more severe than a cold. The children's nasal spray flu vaccine is safe, effective and is offered every year to children to help protect them against flu. It is completely painless and reduces the spread of infection to other children and adults. It will protect your child and prevent them getting sick with flu and needing time off school or nursery.

Even healthy children can become seriously ill from flu. In some cases, flu can lead to complications. These can include bronchitis, pneumonia, painful middle-ear infection, vomiting and diarrhoea.

Children who catch flu are at greater risk from subsequent infections, including group A strep infection. This is another reason for children to have their vaccine at a time when there are unusually high rates of group A strep infection across the population.



**Dr Bhumika Mittal** is a Bromley GP and mother to two young children. Both have had their flu nasal spray.

"The best thing any parent can do for their child is to make sure they are up to date with all their childhood vaccinations, including the yearly flu vaccine. Young children catch and spread the flu easily, but if they are vaccinated, they are less likely to be really ill and less susceptible to other infections like group A strep.

"Flu is circulating in Bromley, and we are seeing many more cases than in previous years. It can be really unpleasant for children, especially those with long term health conditions. Children may be super spreaders so can easily pass the virus on to other family members and the wider community. It is never too late to have your child vaccinated and protect them and other vulnerable people".

**Helen Pourak, from Orpington** has vaccinated her children. "I protect my children every year with the flu nasal spray. It is quick, easy to have and painless. It gives me great peace of mind they have the best protection. It is better to have the vaccine than have the flu".

**When should my child have the flu vaccine?**

Child's age	Where to have the flu vaccine
From 6 months until 2 years (with long-term condition)	GP surgery
From 2 years until child starts primary school	GP surgery
All children at primary school	School
Year 7 to year 11 secondary school children	School
Children in reception to year 11 (with long-term condition)	School or GP surgery
Home-schooled children (same ages as reception to year 11)	Community clinic



SCAN ME

**The Bromley primary school vaccination programme has finished for 2022/23.**

If your child has missed their vaccine, please contact your GP for an appointment.

For more information about the children's flu vaccine, visit [www.selondonics.org/childhoodvaccinations](http://www.selondonics.org/childhoodvaccinations). You can also watch our short video at <https://tinyurl.com/pnu6wys9>

\* Report from the UK Health Security Agency

## PE Timetable Spring Term 1 - 2023

	9.00- 10.00	10.00- 11.30	1-1.40 HALL	1.40-2.20 KS1 PLAYGROUND	2.20-3pm KS2 PLAYGROUND FIELD
<b>Monday</b>			Year 3 (Cricket)		
<b>Tuesday</b>			Year 5 (Basketball coach)		
<b>Wednesday</b>	Nursery Sports for Tots Hall		Year 1	Year 1 and 2	
<b>Thursday</b>			Reception	Year 4	Year 4 (Swimming)
<b>Friday</b>			Year 6 (Gymnastic coach)		

### **Compulsory P.E. Kit (boys and girls):**

Children are to wear PE kit on their PE days all day. This should consist of:

trainers or plimsolls,  
plain black joggers/plain black leggings or plain black shorts,  
plain white t-shirt,  
plain black hoodie or school jumper

Children who are not in correct PE kit will be expected to change into the school's spare kit for the day.

## Important Events

Monday 30 <sup>th</sup> January	2.30pm	EYFS Parents' Maths meeting – 2.30pm
Wednesday 25 <sup>th</sup> January	2.50pm	Year 4 Elms & Rowans Class Assembly – parents/carers invited
Wednesday 1 <sup>st</sup> February	2.50pm	Year 3 Maples Class Assembly – parents/carers invited
Friday 3 <sup>rd</sup> February 2023	All day	NSPCC Number Day
Monday 6 <sup>th</sup> February	All day	Children's Mental Health Week
Tuesday 7 <sup>th</sup> February	All day	Safer Internet Day
Wednesday 8 <sup>th</sup> February	2.50pm	Year 5 Ash Class Assembly – parents/carers invited
Wednesday 22 <sup>nd</sup> February	PM	Parents evening for Reception to year 6 – early closure: 2.20pm for Reception 2.30pm for Years 1 to 6
Wednesday 1 <sup>st</sup> March	2.50pm	Year 1/2 Puffins Class Assembly – parents/carers invited
Thursday 2 <sup>nd</sup> March	All day	World Book Day
Wednesday 8 <sup>th</sup> March	2.50pm	Year 1 Kingfishers Class Assembly – parents/carers invited
Wednesday 8 <sup>th</sup> March	All day	International Women's Day
Monday 13 <sup>th</sup> March – Friday 17 <sup>th</sup> March	All day	Science Week
Wednesday 15 <sup>th</sup> March	2.50pm	Reception Class Assembly – parents/carers invited
Thursday 1 <sup>st</sup> June		GRT History Month
Monday 5 <sup>th</sup> June	All day	World Environment Day
Tuesday 20 <sup>th</sup> June	All day	World Refugee Day
Date to be confirmed		Sports Day
Wednesday 12 <sup>th</sup> July	All day	French Day

# SCHOOL TERM AND HOLIDAY DATES

2023 - 2024

## **AUTUMN TERM - 2023**

Autumn 1 – Wed 30<sup>th</sup> Aug – Fri 13<sup>th</sup> Oct

**Half Term – Mon 16<sup>th</sup> Oct – Fri 27<sup>th</sup> Oct**

Autumn 2 – Mon 30<sup>th</sup> Oct – Weds 20<sup>th</sup> Dec

## **SPRING TERM 2024**

Spring 1 – Weds 5<sup>th</sup> Jan – Thurs 8<sup>th</sup> February

**Half Term – Mon 12<sup>th</sup> Feb – Fri 16<sup>th</sup> Feb**

Spring 2 – Mon 19<sup>th</sup> Feb – Fri 28<sup>th</sup> Mar

## **SUMMER TERM 2024**

Summer 1 - Mon 15<sup>th</sup> Apr – Thurs 23<sup>rd</sup> May

**Bank Holiday – Mon 6<sup>th</sup> May**

**Half Term – Mon 27<sup>th</sup> May – Fri 31<sup>st</sup> May**

Summer 2 – Mon 3<sup>rd</sup> June – Tues 23<sup>rd</sup> July

## **STAFF TRAINING DAYS (school closed)**

Day 1 – Tuesday 29 August 2023

Day 2 – Thursday 21 December 2023

Day 3 – Friday 9<sup>th</sup> February 2024

Day 4 – Friday 24<sup>th</sup> May 2024

Day 5 – Wednesday 24<sup>th</sup> July 2024

AMADEUS PRIMARY ACADEMY TRUST  
St Paul's Cray CE Primary School  
Buttermere Road, St Paul's Cray, Orpington BR5 3WD  
01689 821993  
admin@st-pauls-cray.bromley.sch.uk

**Amadeus**  
Primary Academies Trust  
Limitless Learning Together

