

February 2022

Staff wellbeing at St Paul's Cray CE Primary School

An anonymous survey was sent to all staff and 25 people responded.

It was a very positive response regarding wellbeing amongst staff in our school.

- 64% said that they feel encouraged to speak openly about their mental wellbeing often and 36% said they felt encouraged some of the time.
- 96% are aware of our policy in place which includes staff mental health and wellbeing
- 100% know who to seek help from if they are worried about something at work or at home.
- 100% feel that school and especially the leadership team care about them as a person.
- 92% are aware of who the Healthy Minds Team are and said they would feel happy speaking to at least one of these people if they had a problem.
- 96% feel that we advertise where further support can be sought for staff mental health and wellbeing.
- 96% of staff feel happy in their role at school.
- 52% feel overwhelmed by workload occasionally, 24% fairly often and 4% very often.

Further comments included:

"I feel very supported, there are people I can always turn to for help if needed"

"The leadership team are supportive, make me feel valued and they are approachable. I feel supported and included with decisions within my phase and the teacher I work with."

"Feel the school and staff work well to support everyone's wellbeing."

"I feel the Healthy Minds Team in my school is approachable and open."

We are grateful to all staff who completed this questionnaire - it gave us an insight into how they are feeling and how supportive our school is for our staff. With regards to workload we are always looking at ways to support staff with this.

The fact that we have had a stable staff for many years shows that it is a happy place to work and this is reflected in the care and compassion shown regularly to your children.

We will be conducting a pupil and parent survey in the near future.