



ST PAUL'S CRAY CE PRIMARY SCHOOL

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HEAD OF SCHOOL: MRS E BENNETT

11 September 2020

Dear Parents/Carer,

If your child is unwell, please can you check if they have any of the main symptoms of coronavirus (COVID-19):

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal (Source: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>)

Please be aware of the process in place for pupils that are displaying any Covid-19 symptoms:

- Pupils who have symptoms should **self-isolate and get a test**. Other members of their household should self-isolate for 14 days from the day the symptomatic person first had symptoms.
- They should isolate at home **until they test negative** and if they feel well and no longer have symptoms similar to coronavirus (COVID-19). Your household can also leave self-isolation at this point.
- If they test positive, **they should continue to self-isolate for at least 10 days** from the onset of their symptoms. They should only return to school if they do not have symptoms other than a cough or loss of sense of smell or taste (anosmia). This is because a cough or anosmia can last for several weeks once the infection has gone. *

For guidance on how to book a test use the following link:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

Or Call 119 to get a test if you have problems using the internet.

As a school we have a responsibility to ensure households follow these procedures. Please keep the School Office updated about your child's health, if they need to **isolate** and any **COVID 19 test results**.

We appreciate your support in keeping our school community safe.

Yours Sincerely,

Mrs E Bennett
Head of School

*Source <https://www.gov.uk/government/publications/school-attendance/addendum-recording-attendance-in-relation-to-coronavirus-covid-19-during-the-2020-to-2021-academic-year>

ACT JUSTLY, LOVE MERCY, WALK HUMBLY